Summer Camp 2020 The Netherlands

June 27th – July 11th 2020

'Culture, Water & Dutch Hospitality'

Heemstede & Heerenveen

Organized by:	RC Heemstede & Heerenveen
Period:	June 27 th – July 11 th , 2020
Age:	16 – under 18
Participants:	16
Conditions:	Maximum of 1 participant per country, from all continents,
Theme:	Culture, Water & Dutch Hospitality !
Requirements:	Common language is English, be able to swim and bicycle.
Accommodation:	You will stay at Rotary families.
	We appreciate your participation in family life.
Costs:	A camp fee of Euro 300 is applicable to be paid on arrival, preferably in cash.
	Health insurance is included. Travel costs to the Netherlands by participants.
Point of arrival:	Schiphol, Amsterdam Airport
	You will be picked up at the airport.
	Don't forget your pocket money.

Enlist via Michiel de Graaff: summercamp@rotaryyouthexchange.nl

The first week will be spent in Heemstede. Heemstede is a relatively small city, a suburb around major cities like Haarlem and Amsterdam. This area is part of the larger urban area 'Randstad', further consisting of The Hague, Rotterdam, Utrecht and the areas around it.

The second week you'll move to Heerenveen. Heerenveen is a city in the quieter northern province of Friesland (Fryslan). Today the Province of Friesland (Fryslan) is still a special part of the Netherlands with their specific culture and their own, official language.

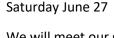
Heemstede and Heerenveen are proud to host our foreign Rotarian guests. During these two weeks we will offer you a varied program with culture, sports, activities and always fun and pleasure.











Preliminary Program

We will meet our guests at the Amsterdam Airport Schiphol and afterwards you'll first meet each other on a unique location and spend the evening and the night on this beautiful place.

Sunday June 28

This first full day together we want to get to know each other better and help you and your campmates to build a warm and strong international team. In the evening you will be introduced to you host families for this week and spend the evening over there.

Monday June 29

Today we will go to Amsterdam and introduce you in the geography and history of the Netherlands



Tuesday June 30

In the morning we will test our bicycles and show you around in Heemstede and Haarlem

Wednesday July 1

We'll go to Amsterdam again, now dedicated to the legacy of Anne Frank and the Second World.

Unfortunately your last day in Heemstede already. We'll prepare our farewell party together and invite you to make your typical dishes from your own country. During the evening we'll join with the Rotary members and enjoy the



Thursday July 2

Friday July 3





Saturday July 4

food, drinks and activities.

The Rotary members from Heerenveen will meet our guests coming from Heemstede today. After the collective acquaintance you will join with the hosting families individually. For the evening we will meet in nice place where we all show creativity to prepare each our own Pizza's. A campfire will contribute a pleasant and cosy evening.

Sunday July 5

We will drive to Earnewâld for a challenging and sportive kayak activity in the beautiful Friesland lake area.





Time for beaching and surfing















Monday July 6

Today we will visit Schiermonnikoog, one of the smaller islands from the chain known as 'Wadden Islands'. During the day you will explore the island on bicycle and spend time on the beach. During the evening you are invited to join the meeting of Rotary Club Heerenveen.

Tuesday July 7

We will visit Leeuwarden, capital of the Frisian Province.

Wednesday July 8

Being brave, show your courage and challenge your team members. Under supervision of experienced trainers you may climb and trail in the trees and explore abseiling, wall climbing and pole jumping

Thursday July 9

Today we will challenge your brains and your creativity. You'll get a introduction in 'Serious Gaming' at the University in Leeuwarden.

Friday July 10

Friesland is well known by its top skaters. World champions have shown their capabilities in the Ice skating temple : Thialf. You can show your talent on skates today. The evening is the final evening of your stay in the Netherlands. Together with the hosting families and all Rotary members and partners you will join the farewell BBQ.

Saturday July 11

After a week with cultural and sportive activities . Building friendships with your team members and hosting families, the day of saying good bye is there. Of course the Rotarians of Heerenveen will make sure that you all will be in time at Schiphol Airport.



